



50 YEARS AGO, YOU MOVED OUT. TODAY, YOU STAY HOME.

In the 1970s, growing older often meant moving into a nursing home.

THE SENIOR CARE SHIFT

Today, nearly 90% of adults 65+ say they want to age in place.

- We are living longer.
- We have better healthcare.
- We have more options.

But here's the truth - staying home doesn't happen by accident.

Here's What Derails the Plan...

- 1 in 3 seniors falls each year *(Falls are the leading cause of injury-related death in older adults.)*
- Medication mistakes
- Isolation & depression
- Malnutrition
- Caregiver burnout

The most common mistake families make is waiting until after the first fall. One hospitalization can change everything.

MODERN HOME CARE PROTECTS INDEPENDENCE

Professional home care today provides...



- ✓ Personal care assistance
- ✓ Fall prevention & safety monitoring
- ✓ Medication reminders
- ✓ Companionship & cognitive engagement
- ✓ Care coordination
- ✓ Respite for family caregivers

The Goal isn't to Avoid Care; It's to Avoid Crisis.

The seniors who age in place successfully start planning early, while the decisions are still theirs to make.

Let's build a proactive care plan that keeps you where you want to be. HOME.

Schedule your in-home consultation today!



...A WAY TO GIVE AND TO RECEIVE®

Scottsdale, Fountain
Hills & Surrounding Area

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